SUMMER Screen Time RULES

When You Wake

- [ ] Brush Your Teeth
- [ ] Brush Your Hair
- [ ] Make Your Bed
- [ ] Eat Breakfast
- [ ] _____

Morning

- [ ] Clean Your Room
- [ ] 20 Min Reading
- [ ] 20 Min Writing/ Drawing
- [ ] _____

Afternoon

- [ ] Play Outside
- [ ] Do A Chore
- [ ] Built/Made Something Creative
- [ ] _____

Chore List

- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____

Screen Time Rewards

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SUMMER SCREENTIME
Rules Instructions

Thank you for downloading the
Summer Screen Time Rules printable!
Here are the instructions on how to use it with your kids over the summer break.

1. Print out the printable. You can either laminate the printable for multiple usage if you have more than 1 child, or just print it and clip it on a clipboard.
2. In order for your child to get screen time, they have to complete items on the Summer Screen Time Rules printable.
3. Add any items not provided in the printable by writing them down on the blank space provided.
4. **Suggestions:** Print the Summer Screen Time Rules on card paper, or laminate it after printing it on regular A4 size paper. You and your child can then use removable marker pen and reuse the printable as many times as you like!